# Resources for Providers and for Families with Special Needs

*Sponsored by The Office of the Secretary of Defense, Military Community & Family Policy (OSD/MC&FP)*

Department of Defense

# Special Needs

# Parent Tool Kit

# Module One | Birth to Age Three

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**Module One:**

- Identification.
- Early Intervention & Part C of the Individuals with Disabilities Education Act (IDEA).
  - Referral
  - Evaluation
  - Eligibility
  - Individual Family Service Plan (IFSP) components
  - Services

**"The first few years after the diagnosis I was struggling with the dire predictions, but I can see now that we are going to be fine"**

**Louise-mom to son**

did you know
?
Child development research shows that the rate of human learning and development is most rapid in the preschool years. If the most teachable moments or stages of greatest readiness are not taken advantage of, a child may have difficulty learning a particular skill at a later time.

# Module Two | Special Education

# Module Two | Special Education

- Part B Individuals with Disabilities Education Act
- Special Education Cycle
  - Referral
  - Evaluation
  - Eligibility
  - Placement
  - Annual & Tri-annual reviews.
- Mediation & Due Process
- Section 504 of the Rehab. Act of 1973.

**“I wish I had known from the beginning that being assertive doesn’t necessarily mean being a witch. You really do catch more flies with honey than vinegar”**

**Adriana-Mom to a**

did you know
?
If you move to a new state mid year, the school must provide comparable services to the previous IEP until the new school conducts an evaluation and develops a new IEP.

# Module Three | Health Benefit

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TRICARE

- Prime & Prime Remote
- Standard
- Extra
- Pharmacy Benefit
- Extended Care Health Option (ECHO) & ECHO Home Healthcare (EHHC)
- Skilled Nursing Facility Care
- Hospice Care
- Mental Healthcare
- Case Management
- Beneficiary Assistance

IDEA & TRICARE

Medicaid, Medicare, WIC & SSI

**“When I talk to other moms with similar challenges we blow off steam, share ideas, and know that we aren’t alone”**

**Marcie, mom to twin girls with Down Syndrome**

# Module Four | Families in Transition

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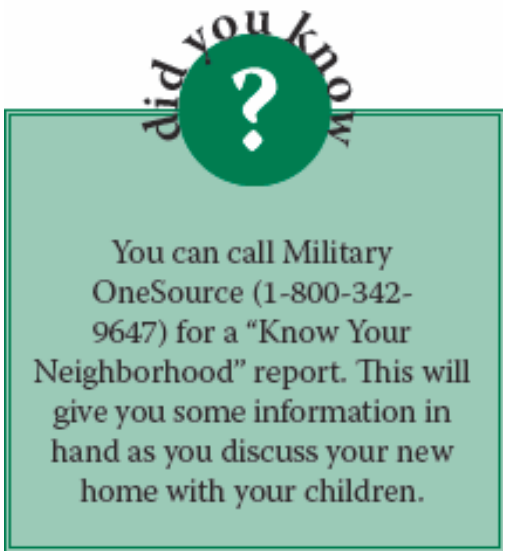
Families in Transition:

- Relocating
- Traveling with Kids
- Spouse Employment
- Deployment
- Disaster Preparedness
- Transition to Adulthood
- Caring for your Adult Child
- Hospice Care
- Resources

**“As parents we are our family’s best advocates”**

**Katrina, mom to a daughter with Downs Syndrome**

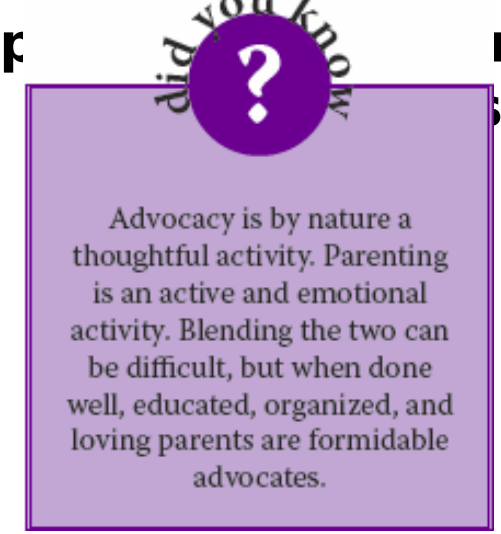

did you know
?
You can call Military OneSource (1-800-342-9647) for a “Know Your Neighborhood” report. This will give you some information in hand as you discuss your new home with your children.

# Module Five | Advocating for Your Child

- Effective Communication
- Getting Organized
- Medical Advocacy
- Educational Advocacy
- Benefits Advocacy
- Teaching Your Child To Self Advocate
- Influencing Public Law
- Resources

**“The reality is that our children are likely to outlive us. If we don’t give them the skills to survive when we are gone, what are we doing?”**

**Heath[illegible] Director of Sp[illegible]ng of**


did you know
?
Advocacy is by nature a thoughtful activity. Parenting is an active and emotional activity. Blending the two can be difficult, but when done well, educated, organized, and loving parents are formidable advocates.

# Distribution Solutions

- Tool Kit files are the property of the DoD
- Available in PDF format on MilitaryHOMEFRONT's Special Needs/EFMP homepage & Tool Box sections.
  - Download and save into a file or CD.
  - Download and print.

  URL: http://www.militaryhomefront.dod.mil/efm

# Module Six | Resources and Support

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**Military Community Resources**

- Family Support Centers
- New Parent Support Program
- Family Advocacy Program
- Child, Youth and Teen Programs
- School Liaison Officers
- Relief Societies
- MilitaryHOMEFRONT
- Military OneSource
- MTOM
- SITES
- TRICARE & CAP

**Federal, State & Community Resources**

- American Red Cross
- DisabilityInfo.gov
- National Center on Dispute Resolution
- Food Stamps & FSSA
- Medicaid
- NICHCY
- Shriners Hospitals for Children
- STOMP
- SSI, WIC
- Wrightslaw
- Fisher House
- Make-A-Wish Foundation
- Starlight Starbright Children's Foundation

# Records & Tools

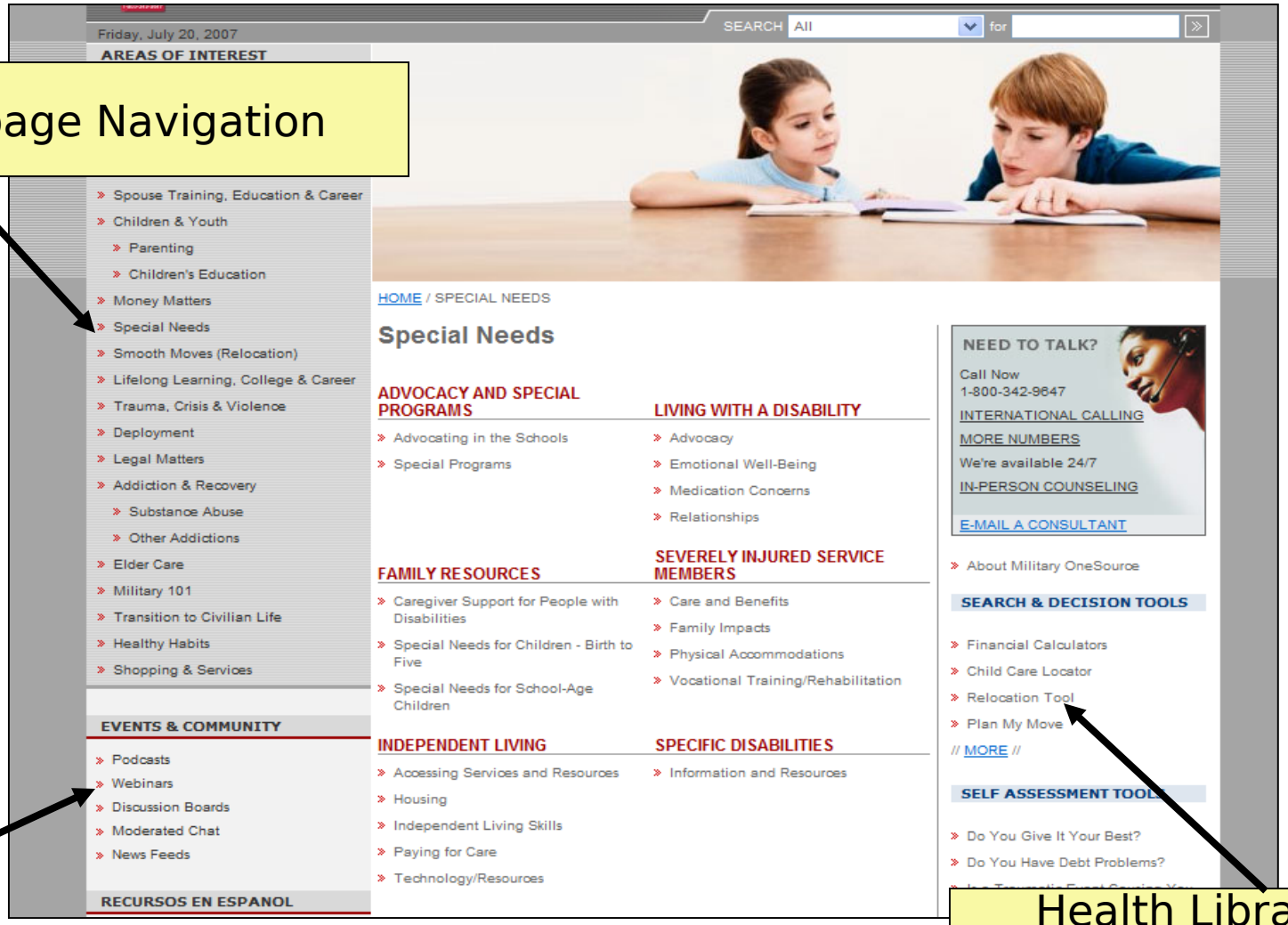
- Phone Log
- Sample letters
  - Request for Referral & Evaluation
  - Request for Independent Educational Evaluation
  - Request for School Records

# Coming in November

# Facilitators Guide

# Issue: Special Needs

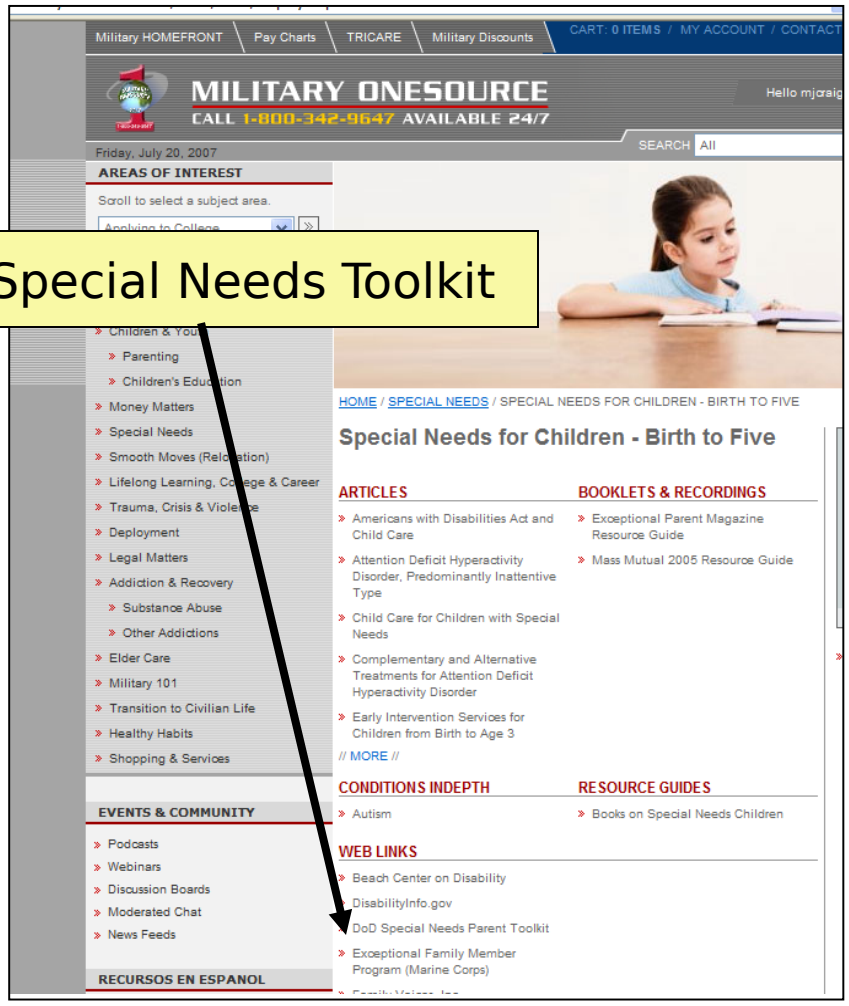
Homepage Navigation

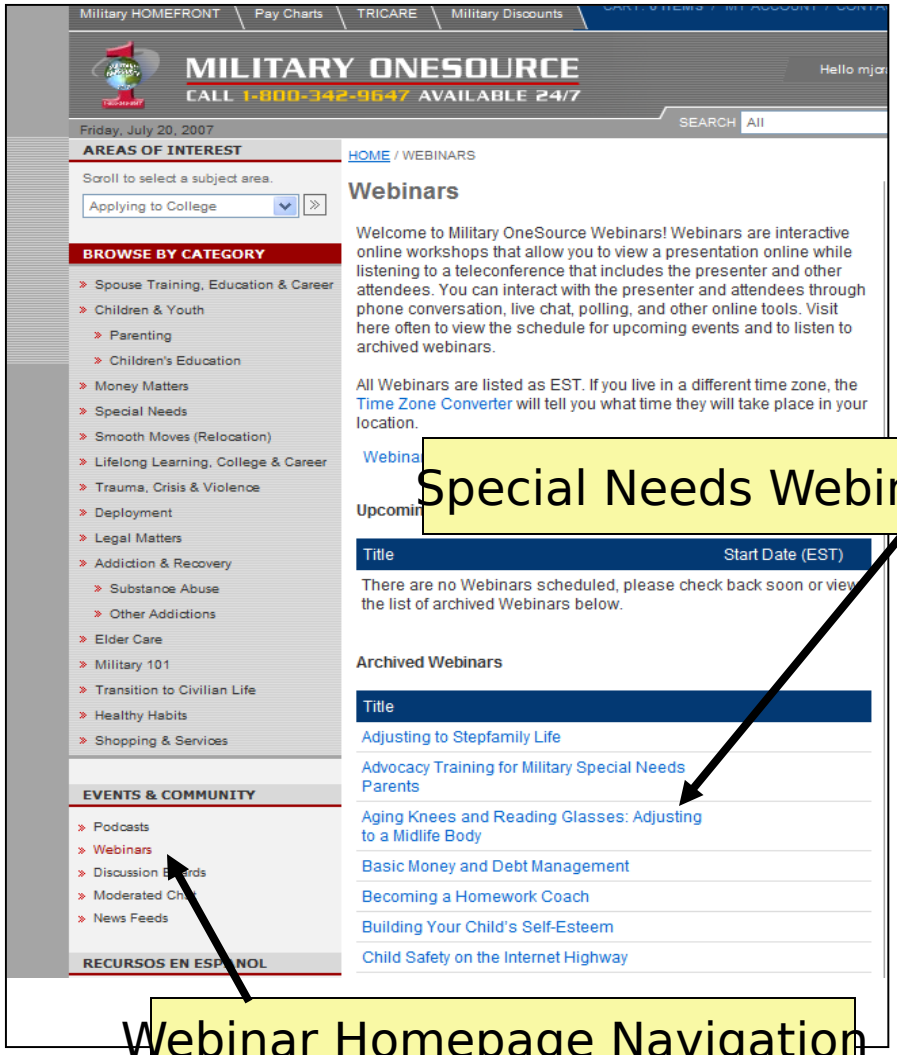



Webinars

Health Library in Search & Decision Tools Click “MORE”

# Special Needs Resources





Special Needs Webinars
Webinar Homepage Navigation
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TRICARE
Military Discounts
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CALL 1-800-342-9647 AVAILABLE 24/7
Friday, July 20, 2007
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Smooth Moves (Relocation)
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Deployment
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Webinars
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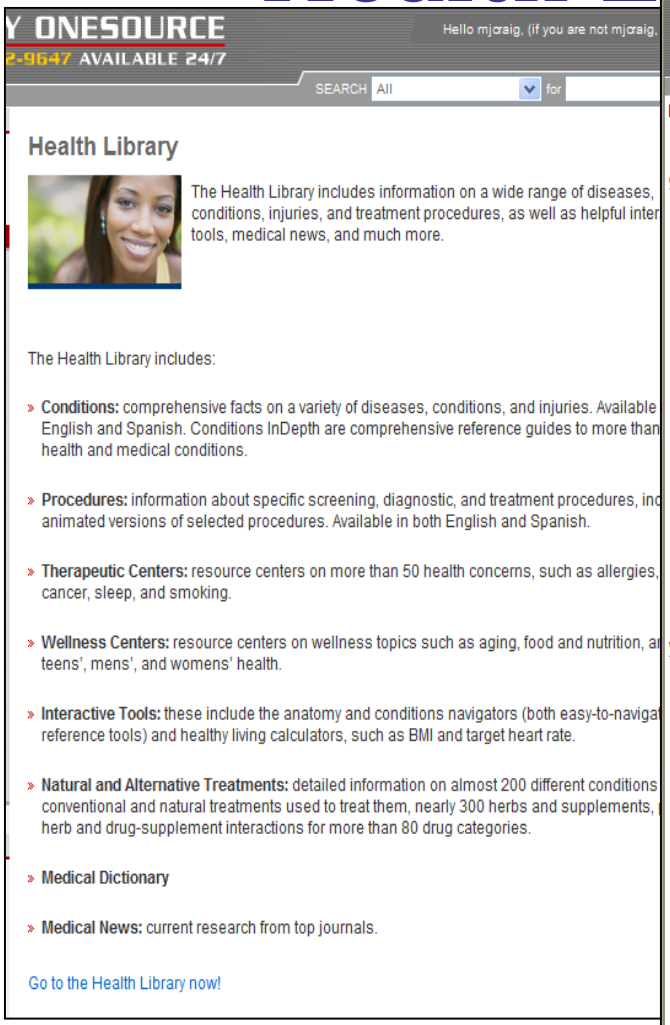
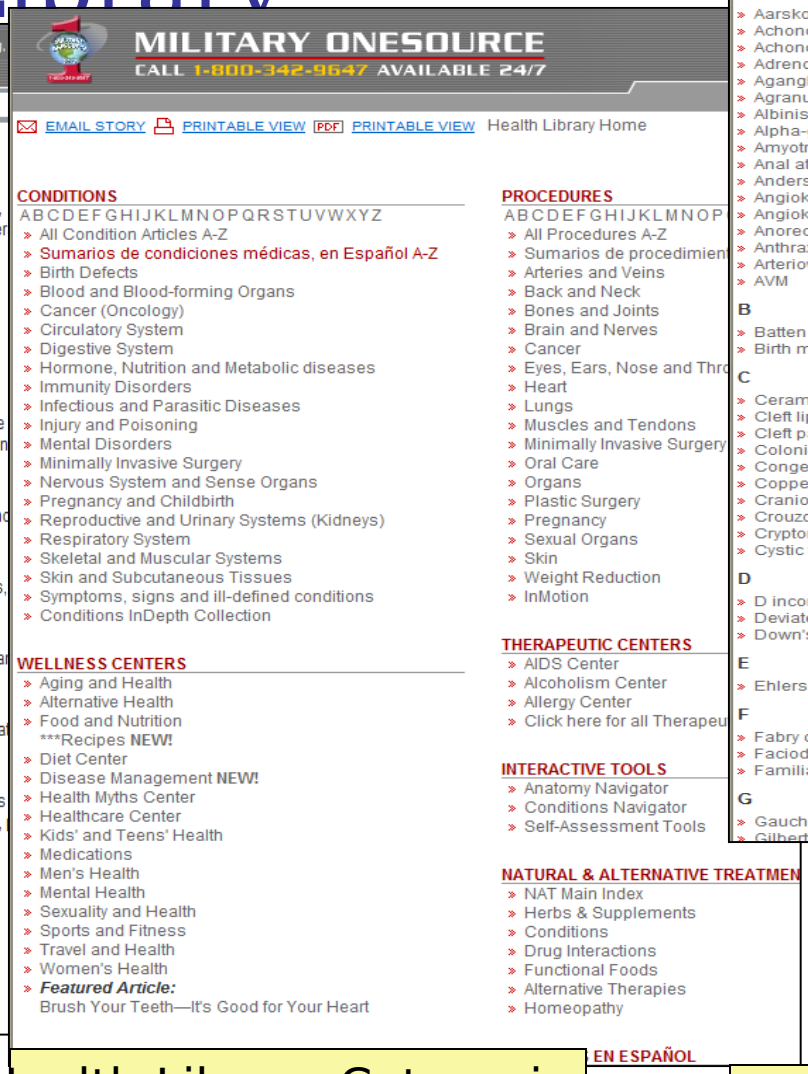
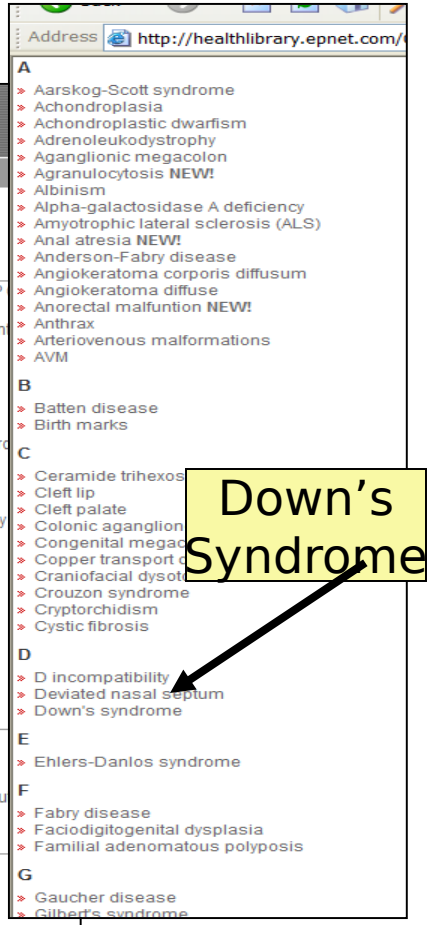
Upcomin
Title
Start Date (EST)
There are no Webinars scheduled, please check back soon or view the list of archived Webinars below.
Archived Webinars
Title
Adjusting to Stepfamily Life
Advocacy Training for Military Special Needs Parents
Aging Knees and Reading Glasses: Adjusting to a Midlife Body
Basic Money and Debt Management
Becoming a Homework Coach
Building Your Child's Self-Esteem
Child Safety on the Internet Highway

# Health Library


Health Library
The Health Library includes information on a wide range of diseases, conditions, injuries, and treatment procedures, as well as helpful inter tools, medical news, and much more.
The Health Library includes:
» Conditions: comprehensive facts on a variety of diseases, conditions, and injuries. Available English and Spanish. Conditions InDepth are comprehensive reference guides to more than health and medical conditions.
» Procedures: information about specific screening, diagnostic, and treatment procedures, inc animated versions of selected procedures. Available in both English and Spanish.
» Therapeutic Centers: resource centers on more than 50 health concerns, such as allergies, cancer, sleep, and smoking.
» Wellness Centers: resource centers on wellness topics such as aging, food and nutrition, a teens', mens', and womens' health.
» Interactive Tools: these include the anatomy and conditions navigators (both easy-to-navigat reference tools) and healthy living calculators, such as BMI and target heart rate.
» Natural and Alternative Treatments: detailed information on almost 200 different conditions conventional and natural treatments used to treat them, nearly 300 herbs and supplements, herb and drug-supplement interactions for more than 80 drug categories.
» Medical Dictionary
» Medical News: current research from top journals.
Go to the Health Library now!




Down's Syndrome

ealth Library Landing Page → Health Library Categories of Information → Alphabetical listings

# Special Needs

- Find the Toolkit
- Find the SCOR
- Identify resources in your State
  - Early intervention services
- Sign in to the Family Forum for your installation
- Subscribe to the special needs newsletter